





No. 245 October - November 2017

# In memory of Alistair Tinto



Alistair competing at the Compass Sport Final in 2014

## **EAST PENNINE ORIENTEERING CLUB**

Serving Calderdale, Kirklees and Wakefield

### OFFICERS AND COMMITTEE 2017/2018

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	Vacant Vacant Jean Lochhead Vacant Scarf Family Ian & Julie Couch Anthony Greenwood

## EPOC WEBSITE <a href="https://www.eastpennineoc.org.uk">www.eastpennineoc.org.uk</a>

### **EDITORIAL**

A lot seems to have happened since the last Epistle, most sadly the loss of Alistair.

A number of EPOC members travelled to various events over the summer including the biannual Scottish 6 days and the White Rose weekend both of which offered good orienteering challenges.

The EPOC AGM was held on 20<sup>th</sup> September with some committee members resigning and new ones being appointed. Jean has now formally been elected as Chairman and is keen to keep the club moving forward.

It seems strange to not be heading off to the Compass Sport final in October having not qualified for the final for the first time since around 2009. Hopefully CLARO will enjoy the trek to Devon instead. Moving into 2018 our qualifying event will take place at Canklow (Rotherham) and the final is in the West Midlands so no doubt Rod Shaw will be making sure plenty of us enter and hopefully we will make the final again when it is not so far to travel.

Moving into the Autumn EPOC have events in November and December so don't forget to put these in your diaries and offer to help out if you can. If plenty of people help then more people are also able to have a run if they want to do so.

Emma Harrison

### CHAIRMAN'S CHAT (which closely mirrors the Chairman's report at the AGM!)

The first thing I should mention is the sad and sudden loss of Alistair who worked so hard for the club over the years, turning his hand to all manner of organisation and administration. He has left a considerable gap. The committee are discussing having a suitable memorial event so if you have any ideas of a suitable event, even an extra event, please let a member of the committee know.

We have had 5 events since the last AGM, 3 XC and 2 Urban. They have been successful and enjoyed by the competitors apart from the odd one (not always the same odd one).

Apart from the areas Newmillerdam, Storthes Hall, Oakwell Hall and Ogden we do not have the selection of woodland that some other clubs enjoy as financial cut backs for woodland management have allowed, unacceptable to Orienteers, levels of over growth, or is it undergrowth.

We have lost 2 Moorland areas, Yateholme (a long time ago) and also Rishworth Moor because no amount of compliance suits Yorkshire Water. There is still hope for Marsden Moor which is worth a look in winter when the Bracken is reduced to neck height.

However, we do have a lot of mapped Urban areas and perhaps this is where our future major source of income and opportunity lies.

Next year we hope to put on a UK "B" Urban League and also fit in an extra urban event.

Phill Batts CLOK & BAOC has offered to organise some courses for us on Planning and Mapping and use of OCAD. As we have only just got this information and the scope is so wide the committee will have to think about the subjects he is offering. Shortly we will send out a general email asking for members who are interested in any of the training courses to contact a member of the committee. Four members of the committee have already expressed an interest and as we have to pay for this training along with finding a venue and equipment, we will have to decide carefully which are going to be most popular. At the moment Planning is in the lead, which will make an easier future for an organiser and the Fixtures sec.

Now to the immediate future: We have three events in quick succession - Nov, Dec and January the first is Langfield, which is early November, and currently being organised. Final details will be clear soon at which stage we will be looking for helpers. Don't be shy.

Jean Lochhead

## Alistair Tinto (09.08.1966 – 19.08.2017)

It was with great sadness that EPOC members and the wider orienteering community learned of the untimely passing of Alistair Tinto in August. Alistair had held a central role within the club for many years and in fact had been very much instrumental in keeping the club as active as it remains today. Ian Couch pays tribute to a true gentleman who will be sorely missed by many.

Alistair began orienteering in 1980 at Limavady Grammar School in Co. Londonderry and came into the sport with a wealth of 'bushcraft' developed through his father's love of walking and the Scouts. As a member of the North West Orienteering Club (NWOC) and together with James Logue and Steve Linton, he was part of a very active group at the school, the legendary "Blue Bus" crew, who

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travelled far and wide attending events. He had BOF, JK and 'cunning running' stickers all over his bedroom window and school files!

He spent many Saturdays criss-crossing Northern Ireland to orienteer and became increasingly involved in helping, as well as competing, as he moved up through the school. Alistair would spend many other weekends throughout the year in the school minibus travelling much further afield to compete in larger events throughout Ireland and Britain. This meant winding roads the length and breadth of Ireland or ferry journeys and long, long drives to the JK and Scottish 6 days, arriving home at 2am on a Monday and then school six hours later.

Alistair was one of those orienteers who gave so much back to the sport and this was clear even at school. Always keen to learn new skills, he became involved in mapping areas such as Somerset Forest near Coleraine and, by the time he left to go to university, he had progressed to involvement in the organisation and planning of those same events he had grown up attending.

He studied pharmacy at the University of Bradford. As a postgraduate at the University of Nottingham, Alistair took over from Steve Birkinshaw as captain of the University orienteering club (1990-91). Not surprisingly, he pursued a career as a pharmacist and he progressed to become Chief Pharmacist with Bradford District Care NHS Foundation Trust.

Alistair was one bundle of orienteering enthusiasm. This fuelled his immense efforts and tireless work in organising, controlling, planning, mapping and committees over many years. In his role as chairman of EPOC from 2010, Alistair was a model of diplomacy. Conscientious to the extreme, he would be the first to volunteer to attend courses and to learn new skills. On top of all his other work as chairman, fixtures secretary and also running the EPOC results team, he would still take on even more tasks by filling other roles that 'nobody wanted'!

Regularly driving long distances after work to someone's house to attend an evening meeting or to collect/deliver equipment or to update and test software, he still managed to apply himself as if it was his first meeting of the day. This enormous contribution to both the sport and to EPOC were especially crucial in keeping a small club alive and, essentially, holding it together.

Alistair also served as the YHOA chair from 2010 to 2015. In 2016, with Mike Cope, he acted as Joint Coordinator of the JK in Yorkshire and, when there were problems, continually turned his own useful ideas into solutions.

Out in the forest, Alistair was a familiar figure running with his buff round his head. He was more than happy to help another competitor to relocate if they were lost and to ignore the fact he was losing precious time on his own run. Purists might argue that one shouldn't help others when orienteering but Alistair had a passion for the sport and a generous view of other participants, even if it meant compromising his own performance.

As a fan of night events, he helped with both organising events in and the running of the Yorkshire Night League. He was a regular at night events but a dislocated shoulder at a night event near Knaresborough several years ago upset all of his orienteering activity for a while.

Without fail, everyone comments on Alistair's positive view of people and 'things'. At one event, for example, when the vandalism of several controls, serial computer failures and competitors flooding in to the Finish seemed to put the whole results process and the event into meltdown, his calm and tactfulness during a crisis left a lasting impression. Once any problems had been resolved and the event was back on its feet, it was a relief to hear him finally express his more honest, private feelings about the few, but inevitable, competitors who had complained!

Alistair was diagnosed with a brain tumour in the autumn of 2016. He showed a bravery and dignity during his illness that were astonishing. Determined to be outdoors, he managed a few appearances

at Saltaire, Storthes Hall, York and Bradford orienteering events, as well as struggling along on midweek 'wrinklies' walks with fellow EPOC members but still uncomplaining.

In December 2016, Alistair and Zoe got married after 25 years together. In Alistair's words, he didn't want to rush into things!

He fulfilled a lifelong ambition when he travelled to the airfield at Biggin Hill in March and, apart from a special tour of the Heritage Hangar, Alistair flew in a Spitfire and took control of the aircraft. Eager to carry on with as many other activities as possible, Alistair travelled to Arras to visit the memorial of his great-uncle, Billy McFadzean, who was awarded the VC in 1917 and he attended a thumping England win at Headingley in the First One-Day international against South Africa, the World Superbike Championship at Donington Park, an amazingly noisy Blink-182 concert and an adventure evening with Ranulph Fiennes in Leeds.

He loved the challenge of orienteering and the post-event discussions. Alistair was one of those orienteers who makes the sport happen with a willingness, a quiet smile and a gentle manner that we shall miss. For example, way back, after a snowstorm had caused an EPOC event to be cancelled on Marsden Moor, Alistair volunteered to help collect controls. In arctic conditions, he tried and tried, in vain, to locate a particular boulder and struggled back without the control. He apologised to the planner, only to be told: "I didn't use that site in the end". Alistair just shrugged and smiled!

He was "one of the gentlemen of this world".



Alistair at Skipton Event *Photo: Wendy Carlyle* 



Alistair at Headingley Photo: Peter Sloan (Alistair's uncle)



Alistair by a Spitfire at Biggin Hill *Photo: Zoe Mason-Tinto* 

## The EPOC Epistle is the club's bi-monthly newsletter

All offerings to the Epistle, including photo's, are gratefully received, especially the unsolicited ones. Reports on small events are just as welcome as those on big events. It really helps if articles, photo's, reports, notices and gossip can be emailed directly to

me at

<u>Eah1607@aol.com</u> Copy to Emma by 20 November 2017 Look forward to hearing from you!

## Helping at an EPOC event?

Don't forget you can have half price entry to any EPOC event when you help out at an event in some way. If you need to pre-enter an event the discount code is available from the event organiser to claim a helper discount!

## Want to see how you rank on an unofficial BOF ranking list?

And you can also compare yourself with any other runner who regularly runs the same course. Go to <u>http://oobrien.com/stats/index</u> and enter your name and club. Very impressive! *Guy* 

## What has your committee been doing?



East Pennine Orienteering Club Summary of Committee Meeting Wednesday 6<sup>th</sup> September 2017 at 7pm Marsh Liberal Club



Present: Davey, Emma, David, Jean, Rod, Pat, Mike, Paulette, Viv

Jean read a fitting tribute to Alistair

- 1. Apologies. None needed
- 2. Minutes approved with no outstanding items
- 3. Treasurer's report accepted

4. Fixtures:

British Orienteering Championships 2019 - David reported on the suggestion of any loss incurred from the championships being shared between the region's clubs on the basis of membership numbers. Any profits, it is suggested, could be shared; ½ based on membership numbers, ¼ to the main official's clubs and ¼ based on the number of helper days per club

12/11/17 Langfield - Jean struggling to find a base in Mankinholes, may have to be tents 23 & 24/12/17 Ogden - Davey all good to go with a night event and day score 28/1-18 Storthes Hall - Jean working on venue for registration 15/5/18 Oakwell Hall - Jean Planning, Davey controlling, John Elliot organising 1/7/18 Brighouse 14/10/18 Marsden Moor 22 & 23/12/18 Newmillerdam

5. Viv hopefully receiving a grant for 16-19 volunteers. Hoping to put on a Young Orienteering Leader's course, at Storthes Hall to tie in with the event as part of a drive by the Yorkshire Sport Foundation to encourage this age group to get involved

6. Insurance- ideally, for security, gripples need to pass through the central hole of SI units. Discussion over whether units can be left out overnight in any location.

- 7. AGM 20/9/17 Quiz and cake
- 8. Officers and committee:
  - all agreed to continue in their roles for another year
- 9. British Orienteering EGM; question regarding the agenda
- 10. Mapping officer needed
- 11. Date of next meeting: Wednesday 8th November 2017 7pm Marsh Liberal Club

#### TREASURER'S STATEMENT

This has been a year when event activity has been reduced with the club only holding 4 main events. In general club income has balanced normal expenditure. However during the year the club found that it needed to invest heavily in new IT equipment and also spent a significant amount on repairs to SI boxes.

Events could have been better supported and the club certainly felt the lack of a major non-urban event during the spring or summer. We were however fortunate that Richard Payne produced two new good urban maps – Golcar and Dewsbury at minimal cost. Regrettably, we suffered some vandalism at the Dewsbury event with the loss of 4 SI boxes. These have not yet been replaced and no allowance has been made in the accounts.

Given that the club has made another deficit, I make no apology over repeating the comments that I made last year that given fixed or rising costs in terms of items such as map printing, BOF levy equipment replacement and other items such as venue or toilet hire, I seriously believe that the club must look to increasing event income by increasing entry fees and / or improving publicity to increase entry numbers.

Again, I would however like to congratulate all organisers for their real efforts to minimise costs at events.

Accounts prepared by David Morgan 31/8/2017 Audited and signed by Richard Payne

# EPOC AGM 2017

## EAST PENNINE ORIENTEERING CLUB

#### MINUTES OF THE ANNUAL GENERAL MEETING

#### HELD 20th SEPTEMBER 2017

1. Chairman for the Meeting; it was agreed that Jean should Chair the meeting

2. Present: Davey Averill, Jean Lochhead, Viv Barraclough, Guy Goodair, Judith Goodair, Richard Payne, Simon Martland, Rod Shaw, Julie Couch, Ian Couch, Jackie Page, Juliet Morgan, David Morgan, Neil Croasdell, Gill Ross, Emma Harrison

3. Apologies received from Margaret Shaw, Helen Martland, Paulette Noot, Mike and Pat Thorpe

- 4. Minutes of last AGM were not read out
- 5. Chairman's Report given by Jean
- 6. Treasurer's Report given by David

It was agreed to fix club fees for 2018 as per the Committee recommendation  $\pounds$ 7.50 ( $\pounds$ 5) senior &  $\pounds$ 2.50 ( $\pounds$ 2) juniors.

SI box insurance is only valid for those put out and collected in within the day, i.e. not left out overnight. Help will be found for planners to put controls out on the morning of an event if necessary.

7. Secretary's Report; Viv acknowledged the efficient job done by Anthony in forwarding messages, the vast majority of which are received via email. Some telephone enquiries are received by Viv. Other tasks done include updating the websites and publications with event details and recording the minutes of the committee meetings

8. Election of officers- all officers were re-elected **Officers and Committee:** 

Chair: Jean Lochhead- Proposed, David Morgan, Seconded, Rod Shaw Vice Chair: Emma Harrison Secretary: Viv Barraclough Treasurer: David Morgan Auditor: Richard Payne Newsletter Editor: Emma Harrison Fixtures Secretary: Davey Averill

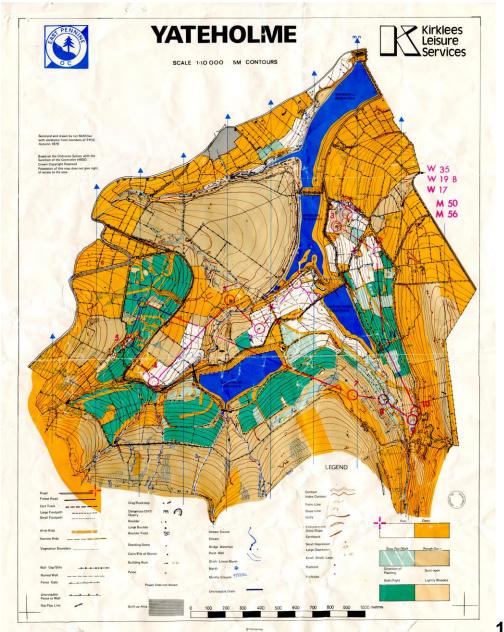
#### **Election of 3 Ordinary Members:**

Rod Shaw – Proposed, Emma Harrison, Seconded, Jean Lochhead Jackie Page – Proposed, Judith Goodair, Seconded, Guy Goodair Neil Croasdell – Proposed, David Morgan, Seconded, Jackie Page

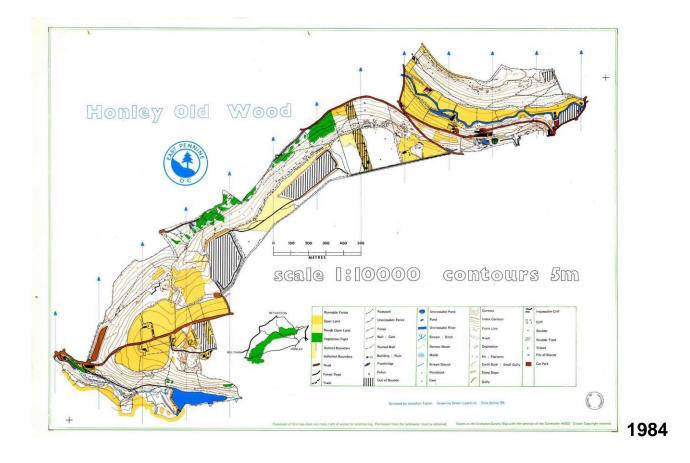
The additional vacancy for an Ordinary member was not filled. Jean had sent a thank you email to Pat and Mike, and to Paulette

The meeting closed at 8pm

The date of the next meeting of the committee had been previously agreed to be 8<sup>th</sup> Nov 2017



## **Map Archive**



## EPOC Rankings 2017

These are the current ranking positions (as of 28 September) of EPOC members aged second year M/W16 and over (ranking points are not awarded to first year M/W16 and younger).

Pos.	Name	Points	Contributing scores
1 (79 <b>-1</b> )	Alasdair Pedley	7996	1327, 1320, 1327, 1342, 1334, 1324
2 (110 <mark>-2</mark> )	James Logue	7906	1307, 1350, 1292, 1310, 1323, 1314
3 (196 <mark>-4</mark> )	James Williams	7733	1264, 1298
4 (200 <mark>-5</mark> )	Simon Martland	7727	1284, 1295, 1278, 1281, 1285, 1304
5 (223 <mark>-5</mark> )	Jonathan Emberton	7680	1268, 1297, 1283, 1268, 1265, 1268
6 (225 <mark>-5</mark> )	Andy Thorpe	7678	1293, 1285, 1286, 1276, 1284, 1254
7 (322 <mark>-3</mark> )	Phil Scarf	7539	1223, 1204, 1226, 1248, 1268
8 (342 <b>-5</b> )	Mike Pedley	7514	1247, 1264, 1250, 1252, 1250, 1245
9 (400 <b>-7</b> )	Karen Poole	7447	1252, 1177
10 (696 <b>-7</b> )	David Averill	7194	1168, 1173, 1213, 1205, 1206, 1193
11 (761 <mark>-4</mark> )	Emma Harrison	7138	1180, 1189, 1202, 1194, 1185, 1188
12 (809 <mark>-5</mark> )	William Barraclough	7100	1181, 1148, 1190, 1201, 1180, 1200
13 (837 <mark>-8</mark> )	Graham Lloyd	7075	1167, 1177, 1162, 1210, 1177, 1182
14 (849 <mark>-8</mark> )	Richard Payne	7067	1160, 1174, 1177, 1172, 1173, 1180
15 (1020 <mark>-3</mark> )	Sarah Pedley	6954	1138, 1144, 1153, 1148, 1161, 1138

<b>Pos.</b> 16 (1244 <mark>-2</mark> )	<b>Name</b> Viv Barraclough	<b>Points</b> 6790	<b>Contributing scores</b> 1087, 1185, 1174, 1122, 1136, 1086
17 (1316 <mark>-2</mark> )	Megan Harrison	6743	1110, 1115, 1125, 1146, 1121, 1126
18 (1450 <mark>-11</mark> )	Julie Couch	6636	1116, 1085, 1084, 1081, 1082, 1113
19 (1459 <mark>-9</mark> )	Jackie Scarf	6627	1104, 1046, 1076, 1128, 1092
20 (1519 <mark>-13</mark> )	Laura Harrison	6595	1097, 1087, 1101, 1096, 1085, 1098
21 (1530 <mark>-12</mark> )	lan Couch	6588	1089, 1086, 1093, 1086, 1085, 1133
22 (1824 <mark>-12</mark> )	Mathew Averill	6373	1066, 1013, 1125, 1010, 1092, 1067
23 (1850 <mark>-11</mark> )	Helen Pedley	6356	1111, 1010, 1061, 1014, 1036, 1029
24 (1880 <mark>-12</mark> )	Paul Jackson	6339	1040, 1086, 1055, 1047, 1033, 1078
25 (1926 <mark>-16</mark> )	David Harrison	6311	1050, 1038, 1043, 1071, 1051, 1058
26 (1984 <mark>-14</mark> )	Roy Lindsell	6270	1006, 1062, 1027, 1099, 1069, 1007
27 (2009 <mark>-14</mark> )	Helen Martland	6248	1056, 1042, 1031, 1029, 1057, 1033
28 (2118 <b>-14</b> )	Gillian Markham	6154	977, 836, 1006, 1015
29 (2460 <mark>-10</mark> )	Keith Sykes	5804	971, 991, 950, 954, 969, 969
30 (2470 <b>-10</b> )	Gill Ross	5796	995, 946, 963, 946, 949, 976
31 (2602 <mark>-12</mark> )	Guy Goodair	5665	921, 926, 1016, 935, 943, 924
32 (2677 <mark>-90</mark> )	Jean Lochhead	5555	954, 882, 961, 1024, 907, 827
33 (2708 <mark>-13</mark> )	Rod Shaw	5509	906, 918, 936, 896, 904, 886
34 (2774 <mark>-12</mark> )	Neil Croasdell	5423	882, 928, 869, 934, 884, 926
35 (2822 <mark>-9</mark> )	Linda Hayles	5349	676, 943, 898, 1017, 963, 852
36 (2839 <mark>-8</mark> )	Judith Goodair	5329	921, 869, 872, 903, 885, 879
37 (2850 +22)	Fred Ross	5311	858, 853, 955, 894, 875, 876
38 (2869 <mark>-9</mark> )	Joanna Emberton	5284	883, 861, 868, 880, 827, 854
39 (2873 <mark>-9</mark> )	Jane Payne	5281	873, 898, 899, 871, 870, 870
40 (3013 <mark>-8</mark> )	Mike Thorpe	5101	829, 900, 840, 821, 835, 876
41 (3016 <mark>-9</mark> )	Philip Thompson	5098	898, 844, 847, 830, 837, 842
42 (3052 <mark>-9</mark> )	Michael Wood	5031	766, 881, 797, 935, 886, 766
43 (3066 <mark>-8</mark> )	Jackie Page	5006	811, 813, 824, 849, 835, 874
44 (3097 <mark>-10</mark> )	Rebecca Lloyd	4953	785, 838, 806, 806, 872, 846
45 (3184 <mark>-25</mark> )	Juliet Morgan	4773	788, 778, 832, 766, 769, 840
46 (3273 <b>-10</b> )	Margaret Shaw	4549	730, 774, 692, 820, 696, 770
47 (3280 <mark>-25</mark> )	David Morgan	4535	737, 765, 675, 729, 757, 872
48 (3361 <b>-11</b> )	Richard Spendlove	4393	1149, 1096, 1063, 1085
49 (3386 <mark>-11</mark> )	John Elliott	4330	853, 792, 904, 943, 838
50 (3594 - <mark>15</mark> )	Simon Bourne	3728	

<b>Name</b> Alistair Tinto	<b>Points</b> 3216	<b>Contributing scores</b> 713, 898, 897, 708
Brian Mellor	2784	888, 959, 937
John Rawden	1972	1009, 963
Stephen Warner	1910	936, 974
Bob Steeper	1756	889, 867
Jane Hodgson	1672	794, 878
Esther Logue	1065	1065
Rod Sutcliffe	921	921
Sue Levinson	913	674, 239
Pat Thorpe	693	693
Graham Booth	693	693
Christine Smith	669	
Paulette Noot	391	391
	Alistair Tinto Brian Mellor John Rawden Stephen Warner Bob Steeper Jane Hodgson Esther Logue Rod Sutcliffe Sue Levinson Pat Thorpe Graham Booth Christine Smith	Alistair Tinto3216Brian Mellor2784John Rawden1972Stephen Warner1910Bob Steeper1756Jane Hodgson1672Esther Logue1065Rod Sutcliffe921Sue Levinson913Pat Thorpe693Graham Booth693Christine Smith669

## **UK Orienteering League 2017**

Rank	Club	Points	s Contributing members
1	BOK	6215	
2	SYO	5720	
3	TVOC	5674	
4	OD	5645	
5	EPOC	4965	Andy Thorpe (M45), Adam Thorpe (M16), Philip Thompson (M80), Sarah Pedley (W16), Mike Pedley (M55), Helen Pedley (W55), Alasdair Pedley (M18), Richard Payne (M65), James Logue (M45), Laura Harrison (W16), Emma Harrison (W45), Judith Goodair (W75), Guy Goodair (M80), Jonathan Emberton (M55), Julie Couch (W55)

## Catering by Viv Barraclough

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Menus to suit your taste and budget

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## **EVENT REPORTS AND RESULTS**

(a huge 'thank you' to Guy, as always, for sifting through and sending me all the results)

SOA Scottish 6 Days	s - 30 J	July to 6 Aug 1	.7				
Glen Tanar, Balfour I	Forest,	Birsemore Hill,	Creag	Choinni	ch, Glei	n Feard	ar
M10B	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Total
1 Aidan Bourne	12	2	1	1	4	1	5
M14A							
49 Ciaran Bourne	66	53	37	48	49	36	170
59 William Martland	48	54	66	51	52	66	200
M16A							
8 Adam Thorpe	5	11	6	9	24	11	31
M18A							
4Alasdair Pedley	5	1	5	12	8	4	15
M35A							
9 James Williams	8	8	6	10	9	6	28
M45L							
7 James Logue	dns	8	7	5	4	dns	24
76 Simon Bourne	dns	dns	dns	dns	dns	7	277
M45S							
2 Andy Thorpe	3	2	3	6	6	1	9
24 Simon Bourne	dns	dns	dns	2	1	dns	79
M50L							
13 Simon Martland	19	10	dns	12	20	dns	61
45 Phil Scarf	11	17	10	dns	dns	dns	153
M50S							
45 Davey Averill	52	21	8	dns	dns	dns	154
M55L							
5 Jon Emberton	11	33	3	4	10	2	19
16 Mike Pedley	42	10	14	13	12	16	49
M65L							
13 Richard Payne	19	13	3	10	31	32	45
91 Neil Croasdell	85	82	85	103	86	76	328
M70L							
29 Ian Couch	46	33	14	27	32	22	95
M705							
27 Fred Ross	18	20	23	28	24	18	84
M75L							
24 Rod Shaw	20	17	33	23	30	18	78
40 Mike Thorpe	33	45	dns	36	37	dns	141
M80							
12 Phil Thompson	11	12	8	6	dns	dns	37
13 Guy Goodair	7	14	11	14	dns	dns	46
W14A							
26 Anna Thorpe	24	24	25	30	27	29	100
W16A							
18 Sarah Pedley	19	18	26	9	dns	11	57
31 Laura Harrison	33	29	31	26	23	24	102
W40L							
4 Karen Poole	dns	4	2	5	6	3	14
W45L							
6 Emma Harrison	28	8	4	6	13	6	24

W45S							
24 Helen Martland <b>W55L</b>	13	17	dns	30	25	dns	85
11 Julie Couch	25	14	6	15	18	6	41
35 Jackie Scarf	3	22	13	dns	dns	dns	115
40 Helen Pedley	40	25	50	38	36	26	125
W55S							
25 Jo Emberton	21	23	rtd	23	35	12	86
W60L							
27 Gilly Markham	26	29	18	40	34	13	86
W65L							
38 Gill Ross	35	38	13	27	44	22	97
48 Maggie Shaw	43	46	45	44	49	38	170
W65S							
30 Jane Payne	13	26	dns	30	33	dns	112
W75L							
10 Judith Goodair	11	6	16	1	dns	dns	34
Light Green							
Matthew Averill	dns	rtd	dns	dns	dns	dns	
Yellow							
Imogen Noot-Williams	dns	7	5	7	4	dns	
White							
Ffion Noot Williams	dns	12	8	6	17	dns	







#### UK Urban League Sprint, Ballater - 2 Aug 17 Ultravet M65+ Hypervet M75+ 8 Richard Payne 16.23 24.40 47 Neil Croasdell Ultravet W65+ 22.10 23 Jane Payne

#### 3 Guy Goodair 20.21

Hypervet W75+	
1 Judith Goodair	19.20

#### HALO 35 years Anniversary Score Event, Tealby - 12 Aug 17

3 Hour Score		1 Hour Score	
21 Neil Croasdell	240 pts (176.26)	7 Judith Goodair	80 pts (54.04)
		9 Guy Goodair	80 pts (60.47)

#### DEE UK Urban League, Frodsham Urban - 20 Aug 17

MUV 4.7km 60m		WUV 3.7km 60m	
3= Richard Payne	32.21	5 Jane Payne	49.08
9 Dick Spendlove	37.11	7 Jean Lochhead	57.54
24 Keith Sykes	46.21	8 Jackie Page	58.36
MHV 3.7km 60m		WHV 3.7km 60m	
1 Guy Goodair	44.38	Judith Goodair m 19	57.07

#### LOG Lincoln City Urban - 20 Aug 17

	WV 5.4km 25m	
58.18	3 Emma Harrison	42.42
	WJ 3.9km 20m	
59.10	2 Laura Harrison	37.52
		58.18 3 Emma Harrison WJ 3.9km 20m

EBOR White Rose Weekend White	- <mark>26 to 28 Aug 17</mark> Middle Distance	Long Distance	Total
1 Ffion Noot Williams	15.26 1	11.24 2	26.50
Orange	15.20 1	11.6 1 6	20.00
1 Imogen Noot Williams	30.36 1	44.09 3	74.45
Short Blue	50.50 1	11.07 5	7 7.75
2 Gilly Markham	61/56 3	78.24 4	140.20
Markham M185	01/ 50 5	10.24 4	140.20
1 Mathew Averill	38.28 1	77.37 1	114.05
Marilew Averill M35L	50.20 1	//.5/ 1	114.05
4 James Williams	42.45 3	78.12 5	120.57
M50L	12.10.0	/0.12 5	120.57
Bob Steeper	75.45 19	rtd	
M50S	/ 5.45 17	TTG .	
4 Davey Averill	42.12 6	54.53 3	97.05
M65L		51.55 5	77.00
1 Richard Payne	33.39 1	47.15 1	80.54
M70L	00.071	17.10 1	00.01
7 Ian Couch	42.11 12	58.28 5	105.39
11 Keith Sykes	53.32 14	72.57 11	126.29
M70S	55.5E I I	/ 2.3/ 11	120.27
4 Fred Ross	50.15 7	67.36 4	117.51
5 David Morgan	51.52 8	67.58 5	119.50
M75L	51.52 0	07.00 0	117.50
9 Rod Shaw	40.03 7	86.08 11	126.09
10 Mike Thorpe	49.57 9	80.10 10	130.07
M80		00.10 10	100.07
4 Phil Thompson	36.24 2	75.02 4	112.06
Guy Goodair	38.21 3	rtd	
W55L			
1 Julie Couch	36,56 2	57.37 1	94.33
W65L			
4 Gill Ross	44.37 6	57.11 4	101.48
7 Maggie Shaw	83.46 10	92.26 8	176.12
W65S			
Jane Payne	rtd	dns	
W70L			
7 Juliet Morgan	55.23 7	72.25 5	127.48
W705			
Paulette Noot	dns	rtd	
W75			
1 Judith Goodair	41.49 2	53.52 1	95.21
Paulette Noot	71.33 7	rtd	
<b>EBOR Helmsley Urban Sprint</b>	- 26 Aug 17		

## EBOR Helmsley Urban Sprint - 26 Aug 17 Course A 2 7km

coord right of bar op			
Course A 2.7km		Course D 1.3km	
5th James Williams	18:39	20th Judith Goodair	16:02
Course C 1.8km		Course E 1.1km	
30th= Keith Sykes	20:47	6th Imogen Noot Williams	10:02
43rd Guy Goodair	22:41		
60 Rod Shaw	32.22		

#### Team Event - 28 Aug 17

Class M/W 12

2 Terrible Trio 35.04 (11:43 (2nd)/11:34 (3rd)/11:47 (1st) Katie Jones/Imogen Noot/Ffion Noot)

#### TVOC UK Urban League, Abingdon - 28 Aug 17 Mens Ultravet Length 3.9km, 10m climb, 19 controls 37 Neil Croasdell 50 26

## **NOT THE WHITE ROSE!**

#### Emma Harrison

For around the last 10 years it has become a habit that the Harrison's go to the White Rose weekend with Megan and I always doing the night event, all of us doing the main event and sprint then any combination of us doing the relay. But not this year!

Earlier in the year we were invited to a 50<sup>th</sup> birthday party in Stockholm on Friday 25<sup>th</sup> August and it didn't take too much to decide to accept the invite and spend the bank holiday weekend in Sweden, but it was going to be strange not orienteering. Or so we thought. Plans for the weekend began to evolve and this also included orienteering options in the Stockholm or Uppsala areas. None of us had ever orienteered in Sweden and I was the only one of us who had orienteered outside of the UK. We opted for the Waxholm events near to Stockholm as the details offered the chance of more line features and less intricate contours, making it a bit easier for our first outing – or maybe not!

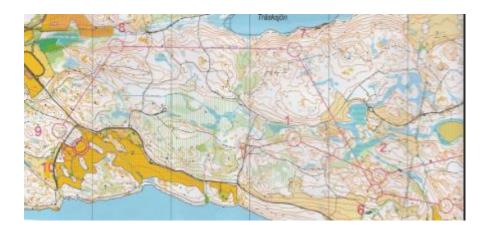
On Saturday it was a middle distance event. I faired OK making maybe 4 minutes of mistakes and finishing in the top half of the D45 field and only 8 seconds behind my cousin who has lived and orienteered in Sweden for 17 years so I was pretty pleased with that. David, Megan and Laura found it more challenging although they got round their courses.

Sunday was a long distance event and the girls both had 1:15000 maps which proved to be extremely challenging for both Megan and Laura. I set off well but became over confident and then made a big mistake and struggled to re-locate. I took the next control well but then had a long leg with no obvious attack point and was really unsure how to tackle the leg! I got there with a lot of hesitancy, self doubt and checking whatever features could be found. I found the mapping vague and features that would be mapped in the UK didn't seem to be mapped over there. Despite the errors and slow approach I was still 18<sup>th</sup> out of 29 so felt reassured that despite my incompetency I had beaten a number of Swedes. Perhaps I will have to go back and give it another go!

We were blessed with glorious weather all weekend, a great party, wonderful food and had a great 'not the White Rose' weekend. But we will be back in Yorkshire in 2018!



D45 Middle Distance Map scale 1:10000



D18 Long Distance Map scale 1:15000!

52:07

67:28

49:24

64:13

67:48

69:29

73:15

77:20

Blue (length 5.3km, climb 110m)

Brown (length 6.5km, climb 130m)

10 Emma Harrison

29 Helen Martland

6 Simon Martland

37 Mathew Averill

38 Megan Harrison

43 David Harrison

44 Laura Harrison

28 David Averill

#### SYO Yorks Urban League, General Cemetery Sheffield - 3 Sept 17

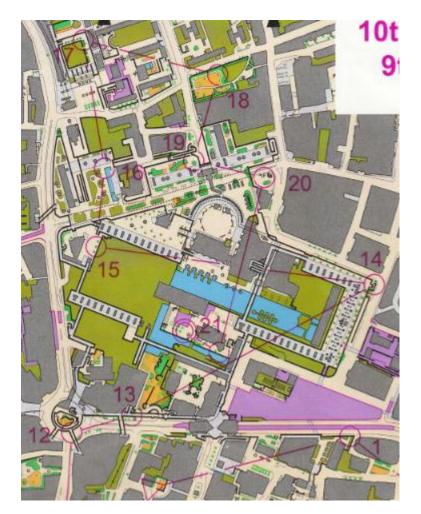
<b>Orange</b> (length 2.2km)			
11 William Martland	32:02		
Short Green (length 3.5km,	climb 85m)		
9 Stephen Warner	52:41		
15 Guy Goodair	57:47		
16 Gill Ross	59:11		
26 Judith Goodair	65:11		
35 Jean Lochhead	75:32		
Jackie Page rtd Missing nos 5-8,10-21			
Green (length 4.4km, climb 95m)			
35 Neil Croasdell	64:03		
44 Fred Ross	80:44		

#### London City Race Weekend 8 to 10 Sep 17 SLOW Wapping Evening Sprint - 8 Sep 17

WUV		MUV	
3 Jackie Page	24.52	22 Neil Croasdell	29.43
5 Jean Lochhead	29.44	MHV	
6 Gill Ross	31.03	Guy Goodair mp	20.07
WHV			
1 Judith Goodair	21.19		

#### SLOW City Race, The Barbican - 9 Sep 17

Mens Open		Womens Junior	
31 Davey Averill	61.33	9 Laura Harrison	42.57
55 Matthew Averill	69.28	Womens Open	
Mens Vets		16 Megan Harrison	57.02
87 David Harrison	66.38	Womens Vet	
Mens Supervet		2 Emma Harrison	41.47
68 Graham Lloyd	59.15	Womens Ultravet	
Mens Ultravet		7 Gill Ross	50.58
64 Neil Croasdell	63. <b>17</b>	13 Jackie Page	61.45
77 Fred Ross	81.43	24 Jean Lochhead	80.59
Mens Hypervet		Womens HyperVet	
1 Guy Goodair	49.52	1 Judith Goodair	55.00
		3 Rebecca Lloyd	63.20

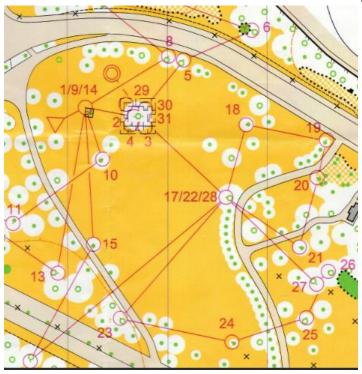


The complexities of the 3 levels of the Barbican

#### LOK Ultrasprint, Victoria Park - 10 Sep 17

Qualifying Rounds Mens Vets	·
35 David Harrison	28.25
Mens Supervet	
55 Neil Croasdell	35.43
59 Fred Ross	39.14

Womens Open	
6 Megan Harrison	22.29
22 Laura Harrison	28.25
Womens Vet	
4 Emma Harrison	25.24
Womens Supervet	
17 Gill Ross	35.57



London Ultra Sprint

#### NOC Notts Peaks Mini Marathon, Teversal - 16 Sep 17

3 hour Score 26 controls

9 Neil Croasdell 270pts

#### AIRE Dales Weekend National Event, Attermire - 16 Sep 17

Short Brown		Short Green
16 Andy Thorpe	60.26	26 Guy Goodair 58.50
Short Blue		28 Phil Thompson 62.09
16 Emma Harrison	49.24	30 Gill Ross 63.54
19 Richard Payne	50.03	35 Mike Thorpe 74.54
36 Megan Harrison	56.12	Very Short Green
39 Laura Harrison	58.21	6 Judith Goodair 56.55
60 Gilly Markham	64.46	Light Green
62 David Harrison	64.50	23 Anna Thorpe 55.47
Green		Orange
20 Julie Couch	48.50	18 Pat Thorpe 66.52
41 Helen Pedley	61.00	
80 Fred Ross	100.42	

#### AIRE Dales Weekend National Event, Malham - 17 Sep 17

	- •		
Short Brown		Short Green	
17 Andy Thorpe	77.42	25 Gill Ross	57.27
Blue		31 Rod Shaw	58.37
17 Mike Pedley	68.54	44 Maggie Shaw	70.44
55 Graham Lloyd	89.35	45 Guy Goodair	72.19
Short Blue		48 Rebecca Lloyd	76.10
9 Richard Payne	52.33	52 Mike Thorpe	83.05
17 Emma Harrison	54.29	Phil Thompson	mp
20 Sarh Pedley	56.06	Very Short Green	
33 Megan Harrison	61.47	10 Judith Goodair	64.40
38 Laura Harrison	62.47	Light Green	
57 David Harrison	69.19	20 Anna Thorpe	61.59
Green		Orange	
13 Julie Couch	50.19	20 Pat Thorpe	94.47
93 Fred Ross	97.04		

#### BAOC MLN, Ellington Banks - 20 Sep 17

Light Green 4km 65m 21c	Blue 6.3km 105m 26c
9 Stephen Warner 66.25	6 Davey Averill 68.13
13 Neil Croasdell 67.34	
16 Guy Goodair 78.54	
17 Sue Levinson 79.50	
22 Judith Goodair      95.11	

## Porto City Race Weekend – 22 to 24 September 2017

Four intrepid wrinklies travelled for a weekend of fun in Porto. Guy and Jean give their accounts of the weekend!

#### Guy Goodair

First race on the Friday was a night event in the City Park with a mass start at 9pm. Far too late a few finished after 11.30pm!! It must have taken far more manpower than a normal punching start – it took 3 or 4 people all afternoon to mark out starting tapes then put individual maps with your start number on the back then sellotape the map to the retaining string. I dislike night events

because my night vision is poor. After the first butterfly loop I went from 5 to 9 instead of 6 (having the map upside down – why, oh why don't they sort the 6 & 9 problem out?)

Going to 6 over the 20" narrow plank at the lake panicked me – runners' headlamps coming the other way dazzled me and I was frightened of being knocked off (as happened to one competitor). Coming back to 8 I ignored the plans and took the safe way due east. Approaching No 15 near the finish they announced the first women's vet was finishing and I was only 3/5 the way round. Made a real mess of the second butterfly – over-running 17, getting to 19 before 18 getting to 21 before 20. A night best forgotten.

The Saturday race was a sprint centred on the town's main swimming pool (beats anything we've got round here). After a few controls we'd to cross a very busy dual carriageway road but no problems – two policemen stopping traffic in both lanes when they saw an approaching runner. Some good hills in the last section with route choice on most legs.

The main Sunday race was certainly the most physical I've ever done. Described by one international as "Brutal' it certainly was that – my course for old gits was 27 controls, 200m of climb and 7.6km optimum route (and I didn't do that – I went completely off the map for several minutes.) Some fiendish route choices on most legs, dozens of steps to negotiate, a double sided map larger than A3, spectacular views (if you'd time to stop and stare) and the sun beating down made this an unforgettable event. On reflection all the EPOC contingent made some bad route choices at some time in the race but it was still a brilliant weekend.

### Four go to Porto

#### Jean Lochhead

In search of sun, which was in short supply in Porto as well as over here but a bit warmer, Four Epocies went to compete in three events. Guy, Jackie, Judith, and Jean.

#### Night Event

The first event was a night event, and just to make sure it was really dark it started at 9.00pm. After travelling it meant we did not get to bed until 12.30am.

The municipal park was lovely and run-able with two butterfly loops. It had an exciting lake crossing, which consisted of a 30cm wide concrete slabs covered by long grass and vegetation and each step involved a lot of grope with a tentative foot.

Working on the Tortoise v Hare theory Jean walked the whole event, following a compass bearing every inch of the way and hit most of the 26 controls straight on, coming 3<sup>rd.</sup> She thought it nice to see a podium again but was pleased not to finish first due to the fact she would not be able to reach the top step, **yet**. Guy was 10<sup>th</sup>, Judith 5<sup>th</sup> and Jackie needs a better torch.

3<sup>rd</sup> place prize consisted of a medal, bottle of port, tin of sardines, bar of soap and a bottle of olive oil, all Porto specialities.

#### **Sprint Event**

It was straightforward for those of us used to Urban events. Lots of cobbled streets. Guy and Judith were both 4<sup>th</sup>, Jean was 5<sup>th</sup> and Jackie was 6<sup>th</sup> losing out to Jean by 2 secs "that's last time I help you on with your sox".

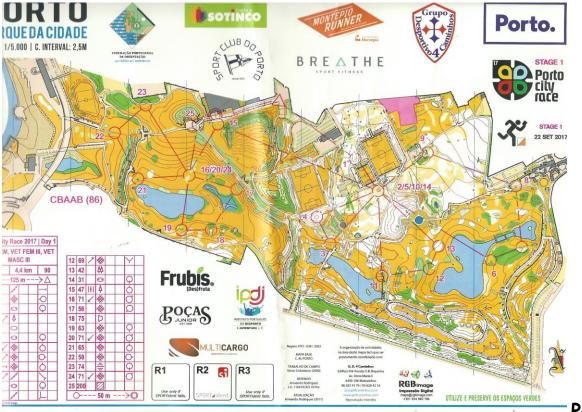
#### **City Race**

We knew it would be hilly but the planner made full use of the brown lines. The event was held at Gaia, which is across the river Duoro from Porto. We started at a Barracks and the 15-minute call up involved a marked route through the Regimental Museum to the start down on the Metro line. (They do things differently here). Guy's route crossed the Duoro back into Porto for more hills but the three girls stayed in Gaia to enjoy a series of 25/30% hills, not once but twice. The planning was outstanding, one could not avoid pain and there was much pondering of the brown lines. The cobbled, vertical ginnels were magic until you met a car!

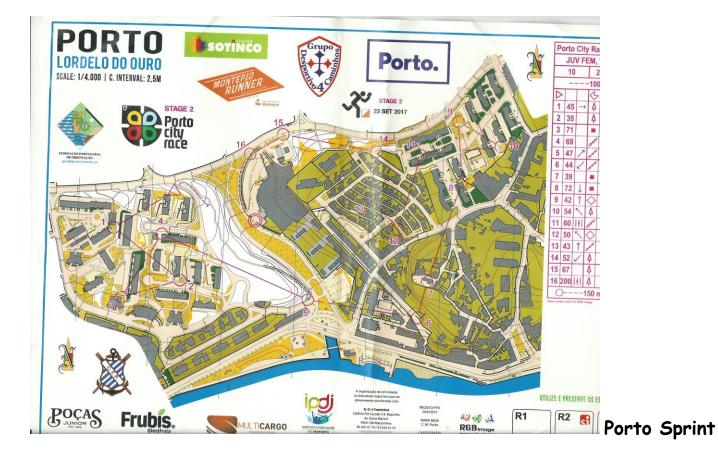
We eventually returned via the barracks for the last 5 controls. I am sure I had done at least the height of Coniston Old Man.

As usual the Portuguese organisation was flawless although for us foreigners more details of how to get public transport to the events would have been useful but it worked out OK. It is always reassuring to see another Orienteer on the bus/metro/train.

We paid 5 euros for each event a total of 15 euros for three events, which included a free tee shirt, and a bag of weird crisps. Amazing value for money and a really good 3 days.



Porto Night





Guy Goodair



Judith Goodair



Jean Lochhead (3<sup>rd</sup>)



A well earned rest after running up and down Gaia



Porto from the other side of the river. Photograph does not do justice to its verticality. 295 steep steps to the town!



#### City Race Euro Tour, Porto Weekend - 22 to 24 Sep 17 Night Mass Start, Parque da Cidade - 22 Sep 17 Womens Ultravet Mens Ultra vet

88.37

6 Jackie Page

womens Ultravet		mens Uitra vet	
3 Jean Lochhead	79.58	10 Guy Goodair	82.28
4 Judith Goodair	82.26		
Jackie Page dnf			
Sprint Event, Lordel	o do Ouro - 23	Sep 17	
Womens Ultravet		Mens Ultra vet	
4 Judith Goodair	31.27	4 Guy Goodair	30.20
5 Jean Lochhead	38.25		
6 Jackie Page	38.27		
City Race, Porto & \	/ila Nova de Ga	ia - 24 Sep 17	
Womens Ultravet		Mens Ultra vet	
4 Jean Lochhead	83.07	7 Guy Goodair	84.59
5 Judith Goodair	84.51		

#### Junior Inter-Regional Championships – 23 Sep 17

W16 - 5.4km, 160m 6. Sarah Pedley 49.26 16. Laura Harrison 66.41

W18 - 6.6km, 260m 13. Megan Harrison 74.49 M18 - 9.4km, 340m 4. Alasdair Pedley 61.56

#### CLARO Hookstone Woods - 24 Sep 17

Blue - 6.2km, 135m 13. Richard Payne 55.36 21. David Harrison 74.34 Short Blue - 5.3km, 150m 2. Emma Harrison 45.39 10. Paul Jackson 67.41 Green - 4.0km, 90m 22. Brian Mellor 52.36 29. Fred Ross 58.38 33. Rod Shaw 67.51 34. Michael Wood 83.57

 Short Green - 3.2km, 70m

 1.Gill Ross
 42.11

 6. Jane Payne
 50.21

20. Margaret Shaw 93.26 Orange - 2.5km, 40m 4. Joy Mellor 42.41

#### PFO Capricorn Score, Stubbylee Park - 24 Sep 17

#### 3 hour Score

57	Neil Croo	ısdell	139pts
59	Linda Hay	yles	70 pts

#### YHOA URBAN LEAGUE – 2017

Details at www.yhoa.org.uk

#### Best 6 out of 11 races to score.

1	SYO	Norfolk Park & Park Hill	18-Mar	
2	AIRE	Beckett Park	25-Mar	
3	CLARO	Wetherby	28-May	UKUL08
4	EBOR	York	29-May	
5	EPOC	Dewsbury	11-Jun	
6	HALO	Hull	24-Jun	
7	HALO	Hull City	25-Jun	UKUL11
8	AIRE	Peel Park & Lister Park	08-Jul	
9	AIRE	Bradford	09-Jul	UKUL12
10	SYO	Sheffield	03-Sep	
11	EBOR	Selby	15-Oct	

## YHOA SUPER LEAGUE - 2017

Details at www.yhoa.org.uk

#### League Dates 2017

5 Mar 17	AIRE (C) – Ilkley and Burley Moors			
19 Mar 17	SYO YHOA Middle Distance Championships (B) – Hugset, Barnsley			
26 Mar 17	CLARO (C) – Guisecliff			
9 Apr 17	EBOR YHOA Championships (B) – Pickering Forest			
27 Aug 17	EBOR White Rose Weekend (B) – Pickering			
17 Sep 17	AIRE Dales Weekend Day 2 (B) – Malham Moor			
29 Oct 17	HALO (C) – Humberside			
12 Nov 17	EPOC (B) – Rishworth Moor			
17 Dec 17	SYO (C) – Blackamoor, Sheffield			

### YHOA NIGHT LEAGUE - 2017/18

The first event of the 2017/18 YHOA night league is on Saturday 11 November at Conyngham Hall, hosted by CLARO. For full details of the 2017/18 Night League go to <u>www.yhoa.org.uk</u>

#### TRAINING RUNS

HALIFAX MONDAY FOOTPATH RUNS - 6.30pm

Everyone welcome. We tailor the runs to accommodate those who turn up and we cater for all standards!

Further details and updates from Graham Lloyd Phone: 01422 882899 or Email: egrahamlloyd@yahoo.co.uk

#### WEDNESDAY WRINKLIES COUNTRY RUN & WALK

Usually at 10am but sometimes 9.30am. We move around the hills and dales keeping out of towns. The runners do about  $1\frac{1}{2}$  to 2 hours while the walking group aim for around 2 to  $2\frac{1}{2}$  hours, don't slouch but aren't aggressive either. The run/walk usually ends up with a pub lunch. Contact Jackie Page 01484 316170 or Roland Sansom 01484 862475. Alternatively email either Jackie or Roland to put your name on the mailing list which goes out each weekend with the following Wednesday's details.

## FIXTURES – October to December 2017

## A complete list of fixtures can be found on the BO website www.britishorienteering.org.uk

Date	Club/Region	Type/Area	Location
		October	
1	EAOA	British Middle Distance	Aylesbury
		Championships, Wendover Woods	
7	NN/NEOA	October Odyssey, Bewick Moor South	Alnwick
8	NN/NEOA	October Odyssey,	Alnwick
		Bewick Folly & Blawearie	
8	PFO/NWOA	Barley Village	Clitheroe
14	SYO/YHOA	British Schools Score Championships,	Rotherham
		Rother Valley Country Park	
14	MDOC/NWOA	Finland 100 Event, Lyme	Disley
15	EBOR/YHOA	Selby Urban	Selby
15	MDOC/NWOA	Stockport Urban	Stockport
22	SELOC/NWOA	Lever Park and Winter Hill	Horwich
29	HALO/YHOA	YHOA Superleague, Regional Event	Humberside
29	DVO/EMOA	Chesterfield Urban	Chesterfield

#### November

NOC/EMOA	Boundary Wood and Haywood Oaks	Mansfield
SOC/SCOA	November Classic and Southern	South Central
	Championships, Highland Water	
CLARO/YHOA	YHOA Night League, Conyngham Hall	Harrogate
<u>*)</u>		
AND PERIOD	Langfield Common	Todmorden
EPOC 🔛		
CLARO/YHOA	Swinsty and Beecroft	Harrogate
*	YHOA Night League, Ecclesall Woods	Sheffield
SYO/YHOA 🚄		
SYO/YHOA	Ecclesall Woods	Sheffield
NOC/EMOA	Clumber Park	Worksop
	SOC/SCOA CLARO/YHOA CLARO/YHOA CLARO/YHOA SYO/YHOA	SOC/SCOANovember Classic and Southern Championships, Highland WaterCLARO/YHOAYHOA Night League, Conyngham HallDocDocEPOCLangfield CommonCLARO/YHOASwinsty and BeecroftYHOA Night League, Ecclesall WoodsYHOA Night League, Ecclesall Woods

December						
3	AIRE/YHOA	Middleton Woods	llkley			
9	HALO/YHOA 뵟	YHOA Night League	Beverley			
10	HALO/YHOA	Regional Event	Beverley			
10	DVO/EMOA	East Midlands Champs, Eyam Moor	Grindleford			
17	SYO/YHOA	YHOA Superleague, Blackamoor	Sheffield			
23	EPOC 🥺 ኃ	YHOA Night League, Ogden	Halifax			
24	ЕРОС	Christmas Score Event, Ogden	Halifax			
30	EBOR/YHOA	Regional Event	York			

Check with club and/or BO websites for further information about an event. Club websites can be found via the BO website (details above).